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SWORD Health's digital MSK therapy now available to Concordia Plan Services members

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Concordia Plan Services, a benefits provider for over 6,000 LCMS organizations worldwide, today announced that they will begin to offer their members access to SWORD Health's digital therapy programs for musculoskeletal pain.

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Musculoskeletal conditions, including chronic pain and acute conditions, affect 50% of Americans, and costs for treating them outpace cancer and mental health combined. Most conditions are treatable with a combination of exercise, behavioral coaching and education, but for many Americans, treatment is inaccessible and inconvenient. There are large disparities in both access to care and outcomes based on race, gender, socioeconomic status, and geography.

Concordia members will be able to access SWORD's programs to ease their chronic pain conditions and recover from surgery at home, with always-on support and education from Doctors of Physical Therapy.

"We know that SWORD's virtual MSK solution will have a big impact on our members' lives. Many of our members live in rural communities with limited access to inpatient services, and we needed to give them more accessible and convenient options," said Jennifer Lamons, Director, Health & Welfare at Concordia Plan Services. "Once the COVID-19 pandemic hit, it became even more urgent. We're thrilled that they can now receive treatment that's proven to work even better than in-person therapy."

Concordia Plan Services will begin to offer SWORD's digital therapy as a benefit to eligible members this month.

[About Concordia Plan Services](#)

Ministry is a life-long vocation for ministers of religion, as well as for many lay workers. By partnering with Concordia Plan Services, an ally who understands their unique needs, congregations, schools and other special ministry organizations are able to provide workers and their families with excellent comprehensive employee benefits including health, retirement, disability, survivor and specific resources for ministries.

About SWORD Health

SWORD Health is a digital musculoskeletal (MSK) and pulmonary therapy provider that's on a mission to free two billion people from chronic and post-surgical pain. The company's digital therapy platform pairs expert physical therapists with medical-grade wearable technology to deliver a personalized treatment plan that is more effective, easier and less expensive than traditional physical therapy. SWORD believes in the power of people to recover at home, without resorting to imaging, surgeries or opioids.

Since launching in 2015, SWORD Health has worked with insurers, health systems and employers in the U.S, Europe and Australia to make quality physical therapy more accessible to everyone.

SWORD Health has offices in New York City, Salt Lake City and Porto.